

# MAY

2026

### Dates to Remember

5/1/26-BINGO W/KAYE  
12PM - 1PM

5/5/26-CINCO DE MAYO LUNCH AT  
THE SENIOR CENTER  
11AM - 1PM

5/6/26-VIRTUAL BINGO W/EMMA  
10AM - 11AM

5/7/26- PAINTING W/EMMA  
12PM - 3PM

5/8/26-MUFFINS WITH MOM  
CELEBRATION AT THE SENIOR  
CENTER  
11AM - 1PM

5/11/26-BINGO W/AETNA  
12PM - 1PM

5/13/26-BINGO W/ALLURE  
12PM - 1PM

5/20/26-VIRTUAL BINGO W/EMMA  
10AM - 11AM

5/22/26-BINGO W/HELP AT HOME  
12PM - 1PM

5/28/26-VOLUNTEER  
APPRECIATION LUNCH AT BALLY'S  
12PM-3PM

5/29/26 - MONTHLY  
BIRTHDAY PARTY  
11AM - 1PM

**RICO RURAL PUBLIC  
TRANSIT**



**MONDAY-FRIDAY**

**CALL TO SCHEDULE A RIDE**

**309-788-6335**

**800-788-6308**

## *Available Programs*

- **Benefit Access/Seniors Ride Free - Reduced License Plate Sticker Renewal and/or free bus pass**
- **SHIP Counseling - Medicare/Medicaid guidance**
- **Extra Help - Reducing drug costs**
- **Medicare Savings Program - Helps cover Medicare Part B costs**
- **LIHEAP - Utility Assistance**
- **Caregiver Support, including services for grandparents raising grandchildren**
- **ADRD - For caregivers of loved ones with a dementia like illness**
- **TCARE - Assessment Tool to connect caregivers to services of support, education, and assistance**
- **Social Isolation program**
- **Stress Busting Classes**
- **A Matter of Balance Classes**
- **Nutrition Program - Home Delivered Meals and Congregate Meals**
- **Senior Transportation Rock Island and Mercer County**
- **GO RICO Rural Public Transportation in rural Rock Island County**

**Call 309-788-6335  
to schedule an appointment or  
to inquire about services**

**Thank you for your continued support and your donations! Every donation the Senior Center receives help fund the programs and helps supply more meals and services to the community!**

The Rock Island County Senior Center policy states that all persons 60 and over can be served with no regard to duration of residency or citizenship. The Rock Island County Senior Center does not discriminate in admission to or treatment of employment programs or activities in compliance with the Illinois Human Rights Act; The U.S. Civil Rights Act Section 504 of the rehabilitation act; the age discrimination act; the age discrimination in employment act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging, for information, call 1-800-252-8966 (voice and TDD), or contact the program manager at WIAAA, 1-800-322-1051. Clients will not be denied service if the cannot or will not contribute a donation. Senior Services funding provided by Western Illinois Area Agency on Aging.